



The College of Metaphysical Studies

Spiritual/Pastoral Counseling Education Program Master of Pastoral Counseling or Pastoral Counselor Standards for Graduation or Certification

Graduation from the Pastoral Counseling Program is granted when you provide evidence of being prepared to practice Pastoral Counseling. This evidence is more than spending a certain length of time in training and completing designated course. Evidence of being prepared to practice Pastoral Counseling emphasizes spiritual, mental, and emotional maturity; devotion to a life-style of service to others; spiritual and intellectual clarity about the purpose and meaning of Pastoral Counseling; and the demonstrated skills to work effectively with people, organize one's own life, and understand administrative responsibilities appropriate to your chosen field of service. Specific requirements are:

1. The satisfactory completion of a CMS Bachelor program, preferably the CMS Bachelor of Religious/Metaphysical Sciences, Pastoral Studies, or a certified equivalent.
2. The satisfactory completion of a minimum of 56.0 credit hours of work over a min. period of two calendar years. This includes the necessary internship of 5 credit hours (75 contact hours) to be performed during this period.
3. The satisfactory completion of a professionally bound thesis of at least 25,000 words or an additional 6.0 credit hours of course work.
4. Any additional requirements that the faculty may assess as a result of reviews or conferences.
5. All work counted toward the hours required for graduation must be completed with the grade of E (excellent) or S (satisfactory).
6. Evidence of such metaphysical, spiritual, mental, and emotional maturity as will support the judgment, by the faculty, of your readiness and fitness to practice the metaphysical/spiritual ministry.
7. Recommendation of the faculty.

Graduates from the CMS Pastoral Counseling two-year course of study shall receive a diploma entitled Master of Pastoral Counseling. (See Internship, Licensing program does not mean automatic licensing as a Pastoral counselor. A student who successfully completes the prescribed, Ordination for Certification.)

Internship, Licensing and Ordination

A student may begin their Pastoral Counseling internship program after completion of the counseling portion of the curriculum. Once accepted into the intern program and having been certified as a "student counselor" the student will then spend the year developing skills and demonstrating counseling ability by performing such spiritual/pastoral counseling duties under the supervision of the faculty advisor or a certified Pastoral Counselor or ordained minister.

The student is required to perform 75 hours of service time (5 credit hours).

At the successful completion of the internship programs, and upon the recommendation of the faculty advisor, a certified Pastoral counselor, or an ordained minister the student will become eligible for Pastoral Counseling certification. The internship might include, but is not limited to the following:

1. Serve as a student pastoral counselor.
2. Prepare spiritual/pastoral-counseling programs under the auspices of a certified Pastoral Counselor.

3. Conduct a minimum of four taped past life and/or age regressions. The tapes must be legible. Forward the tapes to CMS student advisor for grading.
4. Establish and direct a senior program, a community interaction program, a hospital visitation program, a series of workshops, a course of metaphysical or spiritual studies. Etc.
5. Any combination of the above or other projects approved by the CMS.

Objectives

To offer College of Metaphysical Studies students:

- a. Assistance in determining spiritual and metaphysical personal and career objectives.
- b. Opportunities to develop a sense of responsibility.
- c. Hands-on practical experience in the school of learning and the workplace.

Expectations

Students will be expected to:

- a. Apply concepts learned in holistic healing coursed to practical client situations.
- b. Learn to recognize and adapt behavior and dress to identified professional norms.
- c. Expand professional skills by developing techniques and applying methods learned on site.
- d. Communicate appropriately and work effectively with supervisors, co-workers and others.
- e. Model ethical standards and behaviors.
- f. Demonstrate enthusiasm and willingness to give quality work.
- g. Seek and respond positively to suggestions for professional improvement.

It should be understood that the internship is designed to test "on site" skills of the student, to place the trainee in a situation requiring accountability to a congregation or other group. During the internship the student should make monthly reports (or arrange monthly conferences) with their supervisor to assess progress. Special evaluation forms are provided the supervisor and must be returned to the CMS before service credit can be granted.

At the conclusion of the Pastoral counseling internship, the student is a candidate for certification as Pastoral Counselor by CMS and NAMI. Certification is not an honor automatically conferred after completing course work and the internship program. The quality of the candidate's work is assessed by NAMI and CMS. An Interview with candidates may be required before bestowing the Master of Pastoral Counseling, and CMS and NAMI reserve the right to do so.