

**School of Metaphysical Liberal Arts  
Associate of Metaphysical Liberal Arts  
– A Two-Year Course of Study –  
Total Credits Required For Graduation - 60**

**Required Courses**

**COURSE NUMBER AND TITLE** **CREDIT HRS**

**Inner Awareness Studies**

CT-106	Expanding Your Mind Power Through Mental Exercise .....	1.5
ID-100	Releasing Fear through Love .....	1.5
ID-101	Listening To Your Inner Guide .....	1.0
ID-102	Meditation through Spiritual Awareness .....	1.0
ID-103	Releasing Guilt through Forgiveness .....	1.5
ID-106	Discovering Your True Self .....	1.5
ME-106	Creating a Metaphysical Mind Set .....	1.5
SA-104	Principles of Success through Giving .....	0.5
		11.0

**Metaphysical and Prosperity Studies**

ME-111	Get What Your Want Through Visualization .....	1.5
ME-112	Spiritual Metaphysics for the Questioning Mind .....	4.5
ME-114	Creating Healthy Relationships .....	2.0
		8.0

**Metaphysical Theology Studies**

ME-115	A Metaphysical and Spiritual Primer .....	5.0
MT-100	Spiritual Guidelines for The Metaphysical Teacher .....	0.5
TH-106	A Historical and Theological Perspective On The New Age .....	3.0
TH-111	Introduction to Inner Spirituality .....	3.0
		11.5

**Critical Thinking**

CT-100	A Practical Approach to Expanding the Mind .....	5.0
CT-102	Journaling for Spiritual and Physical Health .....	2.0
		7.0

**COURSE NUMBER AND TITLE**

**CREDIT HRS**

**Elective Studies**

Any Combination of CMS Courses Totaling 22.5 Credit Hours ..... 22.5

**Suggested Elective Studies**

CT-106	Expanding Your Mind Power Through Mental Exercise .....	1.5
EP-111	Introduction to the Aquarian Age .....	1.0
HA-107	Healing through Mental and Emotional Balance .....	1.0
ID-107	The Alchemy of Balance .....	2.0
MY-100	Introduction to Mysticism .....	1.5
MY-102	Understanding the Mystical Perspective .....	0.5
MY-109	Focused Spiritual Intent .....	1.0
PP-100	Introduction to Parapsychology .....	0.5
RS-103	Unity of the World's Religions and Faiths .....	2.0
SA-104	Principle of Success through Giving .....	0.5
SH-100	Introduction to Shamanism .....	0.5
SH-101	A Metaphysical Contract for Success .....	1.5
SS-100	Introduction to Spirit and Spirit Communications .....	0.5
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		14.0