

**School of Philosophy Studies**  
**Associate of Religious/Metaphysical Arts**  
**– A Two-Year Course of Study –**  
***Total Credits Required For Graduation - 60***

**Required Courses**

<b><u>COURSE NUMBER AND TITLE</u></b>	<b><u>CREDIT HRS</u></b>
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**Inner Awareness Studies**

ID-100	Releasing Fear Through Love .....	1.5
ID-101	Listening To Your Inner Guide .....	1.0
ID-102	Meditation Through Spiritual Awareness .....	1.0
ID-103	Releasing Guilt Through Forgiveness .....	1.5
ID-105	The Principles of Creative Responsibility .....	1.5
ID-106	Discovering Your True Self .....	1.5
ID-108	Self Worth And Spirituality In The New Age .....	3.5
CT-106	Expanding Your Mind Power Through Mental Exercise .....	1.5
ME-106	Creating a Metaphysical Mind Set .....	1.5
		14.5

**Metaphysical and Prosperity Studies**

ME-101	The Metaphysical Approach to Self Development.....	3.5
ME-105	Which Way Shall I Go .....	1.0
ME-110	Understanding Your Human Nature .....	3.0
ME-114	Creating Healthy Relationships .....	2.0
		9.5

**Metaphysical Theology Studies**

ME-115	The Metaphysical Ethic.....	5.0
MT-100	Spiritual Guidelines for The Metaphysical Teacher .....	0.5
TH-106	A Historical and Theological Perspective On The New Age .....	3.0
TH-111	Introduction to Inner Spirituality .....	3.0
TH-113	Fundamentals of Inner Spirituality .....	3.0
		14.5

**COURSE NUMBER AND TITLE**

**CREDIT HRS**

**Mind and Energy Studies**

ID-107	The Alchemy of Balance.....	2.0
CT-100	A Practical Approach to Expanding the Mind .....	5.0
CT-102	Journaling for Spiritual and Physical Health .....	2.0
PP-101	Introduction to the Mind over Matter .....	5.0
IA-104	Manifestation through Creative Visualization .....	3.0
MS-100	Introduction to Mysticism .....	1.5
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		18.5

**Elective Studies**

Any Combination of CMS Courses Totaling 3.0 Credit Hours .....	3.0
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