

**School of Spiritual Studies/Spiritualism**  
 Associate of Religious/Metaphysical Healing Arts  
**– A Two-Year Course of Study –**  
**Total Credits Required For Graduation – 60**  
**(DISTANT LEARNER CURRICULUM)**

**Required Courses**

<u>COURSE NUMBER AND TITLE</u>	<u>CREDIT HRS</u>
<b>Holistic Healing Arts Studies</b>	
HA-101      The Metaphysical Use of Mind and Energy .....	3.0
HA-108      The Spiritual Approach To Self Healing .....	3.0
IC-102      Platform Decorum for the Metaphysical Practitioner .....	4.0
	10.0
<b>Intuitive Awareness Studies</b>	
IA-100      Introduction to Intuitive Development Through Spiritual Awareness .....	1.0
IA-101      Sitting For Intuitive Development.....	1.5
IA-102      A Practical Approach To Chakra and Energy .....	4.0
IA-103      Dreams – The Secret Language Of Sleep .....	1.5
IA-104      Manifestation through Creative Visualization .....	3.0
IA-106      A Practical Approach To the Human Aura.....	2.0
ID-107      The Alchemy of Balance .....	2.0
	15.0
<b>Inner Development Studies</b>	
ID-100      Releasing Fear through Love .....	1.5
ID-101      Listening To Your Inner Guide.....	1.0
ID-102      Meditation through Spiritual Awareness .....	1.0
ID-103      Releasing Guilt through Forgiveness .....	1.5
ID-105      The Principles of Creative Responsibility .....	1.5
ID-106      Discovering Your True Self.....	1.5
ID-108      Self Worth And Spirituality In The New Age .....	3.5
CT-106      Expanding your Mind Through Mental Exercise.....	1.5
ME-106      Creating a Metaphysical Mind Set.....	1.5
	14.5

COURSE NUMBER AND TITLE	CREDIT HRS
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### **Theology Studies**

CT-102	Journaling for Spiritual and Physical Health .....	2.0
ME-115	The Metaphysical Ethic.....	5.0
TH-104	Care giving for the Spiritual Practitioner .....	3.0
TH-111	Introduction to Inner Spirituality .....	3.0
SA-102	Techniques in Prayer.....	1.0
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### **Elective Studies**

Any Combination of CMS Courses totaling 3.5 credits .....	3.5
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### **Intern Program**

Metaphysical Healing Intern Program .....	3.0
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