

**Spiritual Counselor**  
**– A Two-Year Course of Study –**  
**Total Credits Required For Graduation or Certification – 60**  
 Note: These credits may be transferred to any degree program at any time.

**Required Courses**

<b><u>COURSE NUMBER AND TITLE</u></b>	<b><u>CREDIT HRS</u></b>
---------------------------------------	--------------------------

**Inner Development Studies**

ID-100	Releasing Fear through Love .....	1.5
ID-101	Listening to Your Inner Guide .....	1.0
ID-102	Meditation through Spiritual Awareness .....	1.0
ID-103	Releasing Guilt through Forgiveness .....	1.5
ID-104	A Practical Approach To Building Self-Worth .....	1.5
ID-105	The Principles of Creative Responsibility .....	1.5
ID-106	Discovering Your True Self .....	1.5
ID-107	The Alchemy of Balance .....	2.0
ID-108	Self-Worth and Spirituality in the New Age.....	3.5
CT-106	Expanding Your Mind Power Through Mental Exercise.....	1.5
ME-106	Creating a Metaphysical Mindset.....	1.5
		16.5

**Spiritual Awareness Studies**

HA-106	Healing Through Inner Peace and Contentment.....	1.0
HA-107	Healing Through Emotion and Mental Balance .....	1.0
ME-110	Understanding Your Human Nature .....	3.0
ME-117	The Law of Attraction .....	2.0
MT-100	Spiritual Guidelines for the Metaphysical Teacher .....	0.5
SA-104	Principle of Success through Giving .....	0.5
TH-111	Introduction to Inner Spirituality .....	3.0
TH-113	Fundamentals of Inner Spirituality .....	3.0
		14.5

**Spiritual/Pastoral Counseling Studies**

PC-102	Introduction to Spiritual Counseling.....	4.0
PC-105	Psychospiritual Counseling.....	2.0
ME-103	The Metaphysical Approach to Life’s Challenges.....	3.0
ME-104	The Aquarian Approach to Healthy Relationships.....	3.0
TH-104	Care giving for the Spiritual Practitioner .....	3.0
TH-105	The Spiritual Practitioners Approach to Grief and Death .....	3.0
TH-109	The Ethics, Morals, and Legalities of Pastoral Care.....	3.0
TH-112	Visitation Ministry for the Spiritual Practitioner .....	6.0
		27.0

**Intern Program**

Spiritual Counseling Intern Program .....	2.0
---	-----