

Youth Ministry Program
Associate of Religious/Metaphysical Arts
– A Two-Year Course of Study –
Total Credits Required For Graduation - 60

Required Courses

<u>COURSE NUMBER AND TITLE</u>	<u>CREDIT HRS</u>
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Inner Awareness Studies

ID-100	Releasing Fear Through Love	1.5
ID-101	Listening To Your Inner Guide	1.0
ID-102	Meditation Through Spiritual Awareness	1.0
ID-103	Releasing Guilt Through Forgiveness	1.0
ID-105	The Principles of Creative Responsibility	1.5
ID-106	Discovering Your True Self	1.5
ID-107	The Alchemy of Balance	2.0
ID-108	Self-Worth and Spirituality in the New Age	3.5
CT-106	Expanding Your Mind Power Through Mental Exercise	1.5
ME-106	Creating a Metaphysical Mindset	1.5
		16.5

Metaphysical and Prosperity Studies

ME-100	Metaphysics In Our Daily Lives	3.5
ME-102	Metaphysical and Spiritual Approach To Business Success	2.0
ME-105	Which Way Shall I Go	1.0
ME-114	Creating Healthy Relationships	2.0
		8.5

Metaphysical Theology Studies

ME-115	A Metaphysical and Spiritual Primer	5.0
MT-100	Spiritual Guidelines for The Metaphysical Teacher	0.5
TH-106	A Historical and Theological Perspective On The New Age	3.0
TH-111	Introduction to Inner Spirituality	3.0
TH-113	Fundamentals of Inner Spirituality	3.0
		14.5

COURSE NUMBER AND TITLE

CREDIT HRS

Mind and Energy Studies

CT-100	A Practical Approach to Expanding the Mind	5.0
CT-102	Journaling for Spiritual and Physical Health	2.0
IA-104	Manifestation through Creative Visualization	3.0
PP-101	Introduction to the Mind over Matter	5.5
MS-100	Introduction to Mysticism	1.5
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		17.0

Elective Studies

Any Combination of CMS Courses Totaling 3.5 Credit Hours	3.5
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